

## KIT LIST FOR VILLAGE EXPERIENCE

**NB Please note that on these trips you will be staying with a Basotho family in their home. There is no electricity or running water. Kit should be kept to a minimum.**

**On all trips we encourage a 'minimum environmental impact-leave no trace' policy/philosophy. Please bring back all your rubbish including cigarette ends and so-called biodegradable items such as apple cores and orange peels.**

Passports

Small day pack.

Long pants suitable for riding if you plan to ride (tracksuit pants work well).

Raincoat or rain suit or poncho.

Warm windproof and preferably waterproof jacket.

Fleece jacket or top (or equivalent).

One change of clothes securely wrapped in a plastic bag to keep them dry.

Sun hat.

Sun bloc cream.

Suitable footwear for riding and walking.

Swimming costume (summer)

Small towel.

Beanie or balaclava (winter).

Suitable gloves (winter).

500ml water bottle.

Torch or flashlight (a head torch is ideal).

Camera.

Personal medications and toiletries.

Three meals a day are provided on all trips. In-between snacks are NOT included and may be purchased at Sani Lodge if required.